

The Top 10 Peak Pilates® Moments of 2015

As the year winds down with the endless resolutions and holiday feasts, all the fitness hype you experienced since last winter is ranked into a best and worst list through every fitness channel you can find.

But here at Peak Pilates®, we can also show you how great a year this is for wellness, breakthroughs and our amazing instructors:

1. MI Star Search 2015

Move over Ed McMahon, our judges gave four stars to the winning Peak Pilates® Master Instructor Candidates at the [MI Star Search](#)! We are always searching for new talent, and we found five candidates that have the X factor that impressed our judges.

2. Lolita San Miguel at Pilates Empowerment Summit

We were honored to have [Lolita San Miguel](#) teach conference sessions and deliver her keynote speech filled with colorful stories of her work with Joseph Pilates and elders like Kathy Grant and Carola Trier.

3. Pilates Empowerment Summit (PES)- in Miami

This year, the [Pilates Empowerment Summit](#) in Miami was our biggest conference ever! We discovered new talent, received valuable knowledge from presenters and extended our stay in Miami with hot pre- and post-conference sessions. With new classes, top master instructors from around the world and lots

of fresh and fun sessions, the summit was truly inspirational.

4. The Afina™ Collection

The long-awaited [Afina reformer](#) is finally here! Also touted in Club Industry for the innovative design, the [Afina Collection](#) is the culmination of several years of study and collaboration of design and classical technique.

5. Pilates Style Magazine

This year, Peak Pilates had three feature publications in [Pilates Style](#), including one cover feature with Ana Caban. Peak Pilates was also known for their presence in the Pilates community with Kathryn Coyle's feature profile, and [PES event coverage](#).

6. Master Instructor Camp

The Master Instructors are an integral part of the Peak Pilates education program, as they represent the quality and dedication that Peak Pilates stands for. They share a commitment to developing excellent Pilates training by dedicating their time and effort to become Master Instructors. This year, after a successful MI Star Search, 13 candidates were rigorously put to the test to become the next leaders in Pilates training at [Master Instructor Camp](#).

7. Our Newest Graduates

Do you remember the six long months it took to complete the Comprehensive Level I? Do you remember how amazing it felt after you found out you passed your assessment? Congratulate our newest Peak Pilates graduates and show your support as they continue the journey. Have you completed Level I? Level II and III are open for 2016!

8. The New Peak Pilates Community Site

On our new [Peak Pilates Community site](#), you can learn more about our instructors, your favorite exercises or the ones you want to develop, take our newsletter quizzes for CECs, or just stay up to date on the latest Pilates research.

9. Global Pilates Events

After a successful conference in Miami, Peak Pilates also debuted the newest education and equipment at ECA New York, EMPOWER! Chicago and Pilates Method Alliance (PMA) in Denver; join us for our next [events](#) in 2016!

10. Our Fabulous Instructors

Cheers to all of our [instructors](#) as we start the New Year! Thank you for keeping the vision of Joseph Pilates alive by making his practice, his science and ingenuity popular through dedicated efforts for more than 50 years!

With strong partnerships, new courses, and our amazing team of instructors, 2016 will be our biggest year ever! [Subscribe](#) to our newsletter for the latest updates!